

## REGULAR WEEKLY EVENTS

- Monday**  
 12:00 pm Overeaters Anonymous  
 1:30 pm Yoga & Meditation  
 6:00 pm Sparks  
 6:30 pm Brownies  
 7:30 pm Yoga & Meditation
- Tuesday**  
 9:00 am Quilters
- Tuesday & Friday**  
 8:00 pm Alcoholics Anonymous
- Wednesday**  
 7:00 pm Overeaters Anonymous
- Thursday**  
 7:45 pm Choir Rehearsal
- Friday**  
 10:00 am Overeaters Anonymous  
 8:00 pm Alcoholics Anonymous

### Tuesday, February 2

- 7:00 pm Governing Council  
 7:30 pm Joint Search Committee

### Wednesday, February 3

- 10:30 am Lectionary Bible Study  
 7:30 pm Grief Group

### Thursday, February 4

- 5:15 pm Youth Confirmation

### The STOP Reminder!

ESG collects food and money for The Stop Community Food Centre which includes community kitchens, urban agriculture, a food bank, drop-ins and more. Food is a basic human right. Please bring food or cheques next week.

*What in our lives prevents us from being as generous as we are called to be?*

Sunday,  
 February 7, 2010

**LOOKING  
 AHEAD**

- 10:30 am Deborah Hart  
 preaching,  
 Reel Theology II - *Precious*
- 12:00noon Daily Apple Green Café ♥♥

### Monday, February 8

- 2:30 pm WWIT

### Tuesday, February 9

- 7:30 pm Last Minutes Group - Yoga

### Wednesday, February 10

- 10:30 am Lectionary Bible Study  
 7:30 pm Grief Group

### Thursday, February 11

- 5:15 pm Youth Confirmation

### Saturday, February 13

- 10:00 am Sabbath Living Retreat

### UCC Haiti Relief

Through the UCC Emergency Response Fund \$20,000 has been sent to Haiti. You can donate online at <http://www.united-church.ca/haiti> (select *Emergency Response* and type "Haiti Appeal") or by mail: pick up a pre-addressed envelope at the Welcome Desk.



Reminder: Coffee Hour will be hosted by Communications on Feb. 7.

### Advanced Notice:

### Lenten Study Group Four Wednesdays in March

March 3, 10, 17 and 24 from 7:30 - 9:00 pm  
 Details to follow.

# EGLINTON ST. GEORGE'S UNITED CHURCH

## Announcements

January 31, 2010

Please join us for coffee after the service hosted by WITT in the South Studio. 11:30 am Amnesty International Letter Signing  
 —Narthex and South Studio

## Church School

- Upper West Wing:** Babies and Toddlers – (Infants – age 3) – Infant Room & Treehouse Room with caregivers Lita, Josie and volunteers
- Bible Story Theatre:** Rotation 5 - Discipleship – Following the Way of Jesus
- Lower Level:** Youth Church (Grades 6 and up) - Youth Room with Sheilagh McGlynn
- Parents:** In the event of a fire alarm, please meet your children on the front lawn. Each child must be signed-out with the Church School leader.

## ESG News & Events

**Jan. 31st Anniversary Bursary Recipient**  
 Today we welcome Alexa Gilmour, a 2009 ESG Anniversary Bursary recipient. Alexa is currently in the 3rd year of her Master of Divinity and 2nd year of her Master of Pastoral Care studies at Emmanuel College. She also does significant volunteer work in the community. Over the past several years, the capital of the Anniversary Bursary Fund has not increased. The cost of tuition for theological students has escalated significantly, but the ESG awards have not. Any amount to assist future leaders of the United Church would be appreciated. There are envelopes in the chairs.

**Senior's Tax Talk - Tues., Feb. 2 @ 2:30 pm**  
 Presented by Investors Group at Glynwood Retirement Residence. Topics will include tax credits and tax deductions, ways to reduce taxable income to reduce or eliminate OAS claw back, and help to understand the recent and proposed changes to CPP and OAS. Sign up at the welcome desk. Rides will be arranged by the Pastoral Care Committee. For more information contact Barb Moote 416-485-2485.



### Last Minutes

### Get Together - Yoga

Join us and do something nice for yourself; an evening of yoga led by Casey Rock, back from last year by popular demand! **Tues., Feb. 9, 7:30 pm** in the South Studio. Please bring a yoga mat with you if you have one. RSVP to Betty Heining 416-964-0389 or Kathy Fletcher 416-481-0362.



Large  
 Print

**OUR REGULAR HOURS:**  
 Monday - Friday 9:00 am - 5:00 pm

Church Address: 35 Lytton Boulevard, Toronto, ON M4R 1L2

Tel: 416-481-1141 Fax: 416-481-8999 Email: [info@esgunitied.org](mailto:info@esgunitied.org) Website: [www.esgunitied.org](http://www.esgunitied.org)

# ESG News & Events

Reel Theology for two more Sundays:



Feb. 7 is *Precious* and Feb. 14 is *A Single Man*. *Precious* is a film about an overweight, illiterate Harlem teen who suffers greatly at the hands of her parents.

Watch the movie *Precious* with three themes in mind: the human capacity for violence against children/women, the amazing will for life that endures beyond hardship and suffering, and the difference one person can make.



*A Single Man*, set in 1962, is the story of a British college professor (played by Colin Firth) who is struggling to find meaning to his life after the death of his long time partner. For show times and locations visit [www.Tribute.ca](http://www.Tribute.ca) or [www.CinemaClock.com](http://www.CinemaClock.com).

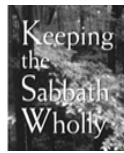


**Sunday Feb. 21** will be an ESG Jazz service. Mark your calendar; you won't want to miss it!

## Community Announcements

### Social Justice Workshop on Poverty Reduction, Wed. Feb. 3, 7:30 pm

You are invited to attend an exciting and thought-provoking evening at Fairlawn for a Social Justice Workshop on Poverty Reduction in the Kimmel Room. Learn about the '25 in 5' initiative (the government's plan to reduce child poverty 25% in 5 years) Learn about the 'Do the math' campaign (to pressure the government to add a healthy food supplement). Guest speaker is Jonah Schein, Civic Engagement Coordinator and advocate with The Stop Community Food Centre. To register or for more information, contact [FairlawnSocialJustice@gmail.com](mailto:FairlawnSocialJustice@gmail.com)



### Sabbath Living Retreat:

Using Marva Dawn's book, *Keeping the Sabbath Wholly: Ceasing, Resting, Embracing, Feasting* as a guide, we will explore the concept of Sabbath Living and how to integrate this into everyday living. Join Connie Capes-Leslie for this day retreat at ESG on **Sat., Feb. 13, 10:00 am – 3:00 pm**. Bring your own lunch – coffee, tea and juice will be provided. We will meet in the North Studio in the lower west wing. Sign-up at the Welcome Desk until Wed., Feb. 7. Minimum of 6-8 people needed.

Reminder to Flower Committee:  
Please pick up your minutes!  
Thanks.



### Ash Wednesday Reflections

Are you looking for a quiet reflective way to begin the Lenten season? Are you interested in exploring Lenten themes through labyrinth walking, working with clay, reflecting on visual images, studying scripture? If so, come to ESG on **Feb. 17 from 7:00 – 9:00 pm** and discover a creative, inspirational way to begin Lent. All activities will be self-directed with guidance offered. Visit one reflection station or visit them all, it's your choice. Contact Connie Capes-Leslie at [connie@esgunitied.org](mailto:connie@esgunitied.org).



## Community Announcements

**Fit Friends** is a popular fitness class held at ESG on weekday mornings. Interested in joining? Contact Dorothea at 416-481-7905.

# ESG News & Events



### GREEN TIPS FACTS

#### Back to Office Basics:

Do you have a morning hot drink routine? Using a washable mug is an environmentally-friendly alternative to non-biodegradable Styrofoam, plastic or waxed paper cups. Leave a rinsable cup and reusable bottle for water at work to eliminate buying drinks that get served in plastic cups or bottles. 80% of plastic bottles are recyclable but only 20% are actually recycled.



### Week of Guided Prayer

**Sun., Feb. 28 – Sat., Mar. 6, 2010**

Our WOGP was such a wonderful experience for the participants that we are going to be holding another one at ESG. This year's theme is "We are not Alone." Here are a few of the comments from last year's participants:

- It was a great ...rewarding...experience.
- Fed a deep need for growth in God.
- It takes a time commitment – but well worth it.
- ...made a difference in my life...enriching.
- It gives balance to my busy world.

For a detailed pamphlet, see the file folder on the Welcome Desk where you can sign-up. Contact Jennie Keating at 416-762-4021 for more info.

### Sat. March 6, 7:00 pm Not just Couples Club's 24th Curling Bonspiel

Desire to have fun is essential! Includes curling (lesson at 7:15 pm; Curling draw at 7:45 pm), light food (no dinner this year) and prizes; cash bar available. Tickets \$25 pp. Wear comfortable sports clothes (no jeans). Shoes to be worn on the ice should be carried in. Previous curling experience is not necessary! Bayview Golf & Country Club, 25 Fairway Heights Drive. **RSVP by Mon., March 1** to Doug Dicks 416-482-2370 or [Doug.Dicks@gmail.com](mailto:Doug.Dicks@gmail.com)



**VOLUNTEERS  
REQUIRED FOR**

**OUTREACH  
CORNER**

### Out of the Cold Dinner - Sat., Feb. 6

The Outreach Committee of ESG is hosting another Out of the Cold dinner at Blythwood Baptist Church. Volunteers needed to help prepare the meal (between 4 pm to 6:30 pm) and to help serve the meal and do the dishes (between 7 pm to 8:30 pm). We have an industrial dishwasher but need help with scraping off dishes and drying them. You can come for a portion of the time if that is convenient. This is an excellent outreach project for families with children requiring volunteer hours at high school. The food and the recipes are provided by the kitchen leader (Marjorie Hiley). Cooking experience is not essential but really helpful. If interested please contact Marjorie Hiley at 416-483-2167 or by email at [m.l.hiley@sympatico.ca](mailto:m.l.hiley@sympatico.ca). Our need is great. Our guests thank you. Sign up at the Welcome Desk

### ESG Family Wellness Day POSTPONED

This family event will be rescheduled when there is greater interest (originally set for Sat., Feb. 6 @1:30pm).

### LAY MINISTRY SHROVE TUESDAY!

The Pancake Supper is just around the corner on Feb. 16. We need **volunteers** between 5 pm and 8:00 pm to ensure we all enjoy a great feast of pancakes and sausages. If you can help set-up, cook, serve, clean-up or donate home-baked goods for dessert, please contact our event champions, Marnie and Brian Malcolm at 416-406-0214 or Barbara Buchanan, Coordinator of Lay Ministry, 416-481-1141 ext 260, [barbara@esgunitied.org](mailto:barbara@esgunitied.org). There is also a sign-up sheet at the Welcome Desk.

